

ICS Reflections Quick Reference:

Visit [LWSPTA Reflections](#) for complete program details.

Reflections Categories & 2025-26 Entry Guidelines

A student may submit an entry in any of six categories. (Click the inked categories below to see the entry guidelines.) **PLEASE READ THROUGH THE INDIVIDUAL CATEGORY RULES COMPLETELY!**

- [Literature](#) : Works of fiction, nonfiction, poetry, prose, drama, short stories and lyrics.
- [Music Composition](#) : Original musical composition, with or without words.
- [Photography](#) : Color or black and white, included techniques: photogram, negative sandwich, and multiple exposure.
- [Visual Arts](#) : Drawing, painting in tempera, oil, acrylic, watercolor & computer generated art, two-dimensional collage & mixed media, printmaking. LWPTSA council is not accepting 3D art. *Please no stretched canvas more than ¾ in. and please no framed art.*
- [Film/Video](#) : Original works, with or without sound, of animation, narrative, documentary, experimental or music video/film.
- [Choreography/Dance](#) : Originally choreographed dance composition.

ACCEPTED FORMATS: Council accepts **only digital entries** (digital files, PDFs, etc.) submitted virtually. (Hard copies of finalist selections will be collected to display at our January 2026 open house) *See each category's rules for acceptable file formats.*

Important Reminders:

- ❖ **Student Entry form:** Please use the pre-filled Student entry form in the ICS Newsletter or ICSPTSA Reflections page: <https://www.icspsa.org/icspsa/index.php/activities-clubs/reflections>
 - **DO NOT** use the PTA national website for entry form or rules

❖ Important Reminders:

- ❖ **DIGITAL TOOLS AND TECHNOLOGY:** Digital technology and/or software may not provide the primary design and/or concept, but can be used to develop, enhance and/or present an entry.
- ❖ **NO NAMES** on the public facing side of the entry.
- ❖ **Take clear photos:** Make sure your photos are clear and simple. Avoid any extra blank space or distractions around the artwork.

❖ **Visual Arts** : 2D ONLY: size and thickness

- **3D art is NOT being accepted** by LWPTSA Council; only 2D entries are allowed.
- Examples of 3D: architecture, carpentry, ceramics, jewelry, kites, dioramas, mobiles, etc.
- **2D**: Digital images should be at least 640x960 pixels and 300 dpi resolution, so they are clear and visible to reviewers
- **Please no stretched canvas more than ¾ in. and please no framed art.***

❖ **Photography**: minimum and maximum sizes of photo

- Before finalizing your image, check its properties to ensure its quality and that it meets sizing needs: at least 640x960 pixels and 300 dpi resolution. Most editing software allows you to view and adjust these settings easily.

❖ **Music, Film and Dance**:

- Video must not exceed 5 minutes in length and 1,000 MB (1,000 megabyte) in file size.
- Accepted file formats include: MP4, MOV or AVI for Film and Dance
- Accepted **audio** file formats for Music include MP3 and WAV (**not** MP4).
- Notation/score is required for secondary music compositions